

# CCBHCs and Domestic Violence, Sexual Assault, and Human Trafficking

Victims of domestic violence, sexual assault, and human trafficking often experience severe psychological trauma, anxiety, depression, and post-traumatic stress.

While shelters provide immediate physical safety, many survivors leave without access to long-term behavioral health care. Certified Community Behavioral Health Clinics (CCBHCs) are designed to fill this gap, offering comprehensive, trauma-informed mental health services that help survivors recover, stabilize, and rebuild their lives.

## THE SOLUTION

The Expanding Capability through the Certified Community Behavioral Health Clinics Act allows CCBHCs to extend their services into domestic violence and trafficking shelters to provide whole-person care.



### Crisis Services

Mobile and on-site crisis teams ensure survivors have access to emergency stabilization, counseling, and emotional support at any hour.



### Screening and Assessment

CCBHC clinicians conduct evaluations to identify trauma-related disorders and mental health needs early in the recovery process.



### Treatment Planning and Outpatient Care

Survivors receive personalized, evidence-based mental health treatment and follow-up care to promote long-term stability.



### Case Management and Coordination

CCBHCs help survivors connect with housing, employment, childcare, and legal resources to support independent recovery.



### Collaborative Partnerships

By working with law enforcement, courts, and local service agencies, CCBHCs help ensure survivors are supported through every stage of safety planning, recovery, and reintegration.

## WHY IT MATTERS

Survivors of domestic violence, sexual assault, and human trafficking often carry deep psychological trauma long after escaping danger.

Embedding CCBHC services within shelters ensures survivors receive immediate, trauma-informed mental health care in a safe and familiar setting. Early access to counseling, crisis stabilization, and coordinated case management helps survivors rebuild emotional stability, avoid re-victimization, and regain independence, strengthening both individual recovery and community safety.



### THE BOTTOM LINE:

Using CCBHC services for victims of domestic violence, sexual assault, and human trafficking ensures that survivors receive not only safety but also the behavioral health care and case management needed to heal and thrive. This approach strengthens communities, reduces crisis system costs, and delivers compassionate, coordinated support to those who need it most.