

North Carolina's Opioid Settlements

The United States is in the **midst of a crisis** on its streets and in its communities as **overdoses, homelessness, and disorder reach record levels**. Yet settlement proceeds secured by the State of North Carolina present an **unprecedented opportunity for generational investment** in treatment capacity for chronic substance abuse (CSA) and severe mental illness (SMI).

North Carolina is set to receive **more than \$1.6 billion** (\$1,619,131,278.44) in opioid settlement funds—equal to nearly half of the state's share of the monumental Tobacco Master Settlement Agreement.¹ With twenty-one separate settlements and payments spread out over decades, the funds are **at risk of being squandered** through ad-hoc allocations to **diffuse and disorganized efforts**.

The state must ensure that this opportunity for treatment investment is not underutilized. **North Carolina can make targeted investments in treatment capacity** that will **honor those who suffered** in the opioid crisis and **ensure accessible care** for decades to come.

North Carolina reserves only 15 percent (\$268,485,775.48) of funds for use by the state and allocates the remainder to subdivisions.² The legislature allocates the state's share of funds.³ There is no comprehensive report on the state's use of funds, though the state maintains a list of state uses of settlement funds.⁴ For the latest biennial period, the legislature allocated \$11 million to the UNC system for research on opioid abatement and \$8.1 million to various local non-profits to “respond to the negative impacts of the opioid overdose epidemic.” It's not clear whether these grants are as beneficial as the statewide priorities below.

The state must rein in the potential misallocation of these funds and prioritize investments in comprehensive treatment networks. **Three priorities** (Certified Community Behavioral Health Clinics, secure psychiatric beds, and community SMI/CSA response) **will ensure these funds have the largest impact** on North Carolina.

Certified Community Behavioral Health Clinics (CCBHCs)

CCBHCs, designed to ensure access to coordinated comprehensive behavioral health care, have stable funding and are supported by all recent presidential administrations. CCBHCs are a key response to the

ⁱ With the exception of the McKinsey and Publicis settlements, in which the state controls 100 percent of funds.

opioid crisis and can augment other services such as police crisis response teams, homelessness outreach and services, and outpatient psychiatric commitment services.

- **Solution: Fund the development and expansion of CCBHCs.**
 - Expand the CCBHC footprint with an emphasis on a team-based approach to co-occurring disorders.
 - Create a stepped approach to SMI/CSA treatment with services provided by the CCBHCs.
 - Require CCBHCs to offer specific care pathways to meet the needs of individuals with co-occurring disorders.

State Psychiatric Hospitals

Inpatient beds in secure facilities are critical for serving the highest-acuity psychiatric patients. North Carolina currently has only **2.4 state psychiatric beds** per 100,000 people available for civil (i.e., non-criminal) patients.^{5 6} Treatment Advocacy Center recommends a rate of 30-60 beds per 100,000. Even counting non-public secure psychiatric beds, North Carolina still falls short of the minimum.⁷ Secure beds are a costly but necessary expenditure to protect patients with severe psychiatric disorders and the public at large.

- **Solution: Fund the expansion of civil psychiatric beds.**
 - Invest in expanding state hospital capacity.
 - Move forensic (criminal) commitments to a jail-based restoration facility.
 - Apply for one of several Section 1115(a) waivers to expand Medicaid reimbursement for institutions for mental diseases (IMDs).

Inpatient Stabilization Centers and Mobile Crisis Teams

Emergency departments (EDs) are supposed to be a last resort for times of true emergencies, but are increasingly used for all types of immediate-need medical care. This is especially true for low- to medium-acuity mental health crises. In order for CCBHCs and state psychiatric bed expansions to have the largest impact, there must be an immediate triage of low-acuity patients from higher-need patients, or else investments in these facilities will be drowned out, overburdened, and underutilized by those that need them most, just like emergency departments.

- **Solution: Fund community-based mental health response resources.**
 - Expand community-based recovery centers, including voluntary short-term respite housing, especially for young adults.
 - Leverage CCBHC resources to develop comprehensive mobile crisis response teams in conjunction with police crisis intervention teams (CIT).
 - Support integration of community resources with crisis networks such as the Lifeline to support those in need or provide guidance for concerned loved ones.

¹ KFF. “Actual Tobacco Settlement Payments Received by the States (in millions).” Accessed 8 September 2025. <https://www.kff.org/health-costs/state-indicator/tobacco-settlement-payments>.

² “Memorandum of Agreement between the State of North Carolina and Local Governments on Proceeds Relating to the Settlement of Opioid Litigation.”

https://drive.google.com/file/d/1SeeaY4hcCmmOOaueAl3l_83nhs0hxVY1/view?usp=sharing.

³ Community Opioid Resources Engine, “How Opioid Settlement funds are Allocated.”

<https://ncopioidsettlement.org/about/how-funds-are-allocated/>.

⁴ Community Opioid Resources Engine, “State Spending of Opioid Settlement Funds.”

<https://ncopioidsettlement.org/about/state-spending/>.

⁵ Treatment Advocacy Center, “[STATE] Psychiatric Beds Report.” 2023. <https://www.tac.org/wp-content/uploads/2023/10/NorthCarolinabedsinformation.pdf>.

⁶ United States Census Bureau, “2023 American Community Survey – Total Population.”

[https://data.census.gov/table/ACSDT1Y2023.B01003?q=population&t=Population+Total&g=010XX00US\\$0400000](https://data.census.gov/table/ACSDT1Y2023.B01003?q=population&t=Population+Total&g=010XX00US$0400000).

⁷ Silver, Shanti, “Estimating Psychiatric Bed Need in the United States,” p. 2-4. Treatment Advocacy Center Office of Research and Public Affairs. January 2024. https://www.tac.org/wp-content/uploads/2024/03/TAC_ORPA_ResearchSummary1.24.pdf.