

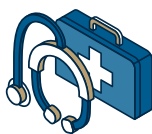
# New Mexico Physician Shortage Facts

## THE PROBLEM

Physician supply lags behind patient demand nationally and across New Mexico. As supply falls, patients wait longer to see a doctor, and doctors burn out.

### BY 2030

The U.S. is projected to have **120,000 too few** doctors nationally.<sup>1-3</sup>



- ▶ Nearly 40% of American physicians will reach retirement age.
- ▶ The United States will face a shortage of over 120,000 physicians.

New Mexico is projected to be **short 2,118 doctors**.<sup>2-5</sup>



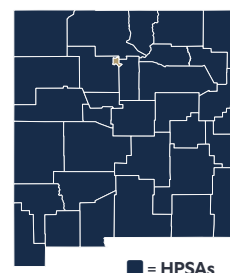
- ▶ Primary care alone is projected to be **short 326 providers**.
- ▶ There are only **95 residency slots** in New Mexico for primary care each year.
- ▶ **45.2%** of those residents will practice out of state.

New Mexico ranks in the **bottom half** of states for primary care and physician availability.<sup>6</sup>

<b>32<sup>nd</sup></b>	in total physician supply
<b>26<sup>th</sup></b>	in primary physicians
<b>26<sup>th</sup></b>	in general surgeons

**32 of New Mexico's 33 counties** are health professional shortage areas (HPSA).<sup>7-9</sup>

- ▶ **Low-income citizens** are disproportionately affected by these shortages.
- ▶ HPSA designations indicate areas where there are **3,500 or more patients for every one provider**.
- ▶ **1,027,943 New Mexico residents** live in an HPSA.



New Mexico's physician-to-patient ratio is **16% worse** than the national average:

**44% worse** in critical care medicine

**29% worse** in gastroenterology

**32% worse** in internal medicine

**38% worse** in urology

#### SOURCES:

1. Goldman, Deborah. "The Forgotten Physician." National Affairs, 2019. <https://nationalaffairs.com/publications/detail/the-forgotten-physician>.
2. Zhang, Xiaoming, Daniel W. Lin, Hugh Pforisch, and Vernon W. Lin. "Physician Workforce in the United States of America: Forecasting Nationwide Shortages." Human Resources for Health, February 6, 2020. <https://doi.org/10.1186/s12960-020-0448-3>.
3. The Robert Graham Center. "New Mexico: Projecting Primary Care Physician Workforce." Policy Studies in Family Medicine and Primary Care. Accessed January 25, 2024. <https://www.graham-center.org/content/dam/rgc/documents/maps-data-tools/state-collections/workforce-projections/New%20Mexico.pdf>.
4. "Residency Programs in New Mexico," n.d. <https://www.residencyprogramslist.com/in-new-mexico>.
5. AAMC. "Table C4. Physician Retention in State of Residency Training, by Last Completed GME Specialty | AAMC," n.d. <https://www.aamc.org/data-reports/students-residents/data/report-residents/2023/table-c4-physician-retention-state-residency-training-last-completed-gme>.
6. AAMC. "New Mexico Physician Workforce Profile." Association of American Medical Colleges, 2021. <https://www.aamc.org/media/58271/download>.
7. "Map of Health Professional Shortage Areas: Primary Care, by County, 2023 - Rural Health Information Hub," n.d. <https://www.ruralhealthinfo.org/charts/5?state=NM>.
8. KFF. "Primary Care Health Professional Shortage Areas (HPSAs) | KFF," November 1, 2023. <https://www.kff.org/other/state-indicator/primary-care-health-professional-shortage-areas-hpsas/?currentTimeframe=0&sortModel=%7B%22collid%22:%22Practitioners%20Needed%20to%20Remove%20HPSA%20Designation%22,%22sort%22:%22desc%22%7D>.
9. U.S. Department of Health & Human Services. "Designated Health Professional Shortage Areas Statistics." Bureau of Health Workforce, December 31, 2023. <https://data.hrsa.gov/Default/GenerateHPSAQuarterlyReport>.