

Maine Physician Shortage Facts

THE PROBLEM

Physician supply lags patient demand nationally and across Maine. As supply falls, patients wait longer to see a doctor, and doctors burn out.

BY 2030

The U.S. is projected to have 120,000 too few doctors nationally.¹⁻³



- Nearly 40% of American physicians will reach retirement age.
- The United States will face a shortage of over 120,000 physicians.
- ▶ 39.3% of Maine physicians are within retirement range right now.

Maine is projected to be short 120 primary care providers .4-6



- There are only 35 residency slots in Maine for primary care each year.
- ▶ 45.2% of those residents will practice out of state.

Maine does not currently have any M.D. programs in the state, thus relying mainly on other New England medical schools to provide the majority of their physicians.⁷

13 of Maine's 16 counties are health professional shortage areas (HPSA).⁸⁻¹⁰

- Low-income citizens are disproportionately affected by these shortages.
- HPSA designations indicate areas where there are 3.500 or more patients for every one provider.

▶ 85.169 Maine

HPSAs

residents live in an HPSA.

Ranked against other states, Maine's doctor-to-patient ratio is:

35% worse	
in	
dermatology	

22% worse in gastroenterology **28% worse** in infectious disease medicine

30% worse in **pediatric** internal medicine **75% worse** in **plastic** surgery

- 4. The Robert Graham Center. "Maine: Projecting Primary Care Physician Workforce." Policy Studies in Family Medicine and Primary Care. Accessed January 25, 2024.
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- 5. "Residency Programs in Maine," n.d. https://www.residencyprogramslist.com/in-maine.
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- 8. "Map of Health Professional Shortage Areas: Primary Care, by County, 2023 Rural Health Information Hub," n.d. https://www.ruralhealthinfo.org/charts/5?state=ME.
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10. U.S. Department of Health & Human Services. "Designated Health Professional Shortage Areas Statistics." Bureau of Health Workforce, December 31, 2023. https://data.hrsa.gov/Default/GenerateHPSAQuarterlyReport.

^{1.} Goldman, Devorah. "The Forgotten Physician." National Affairs, 2019. https://nationalaffairs.com/publications/detail/the-forgotten-physician.

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^{3.} AAMC. "Maine Physician Workforce Profile." Association of American Medical Colleges, 2021. https://www.aamc.org/media/58216/download.